

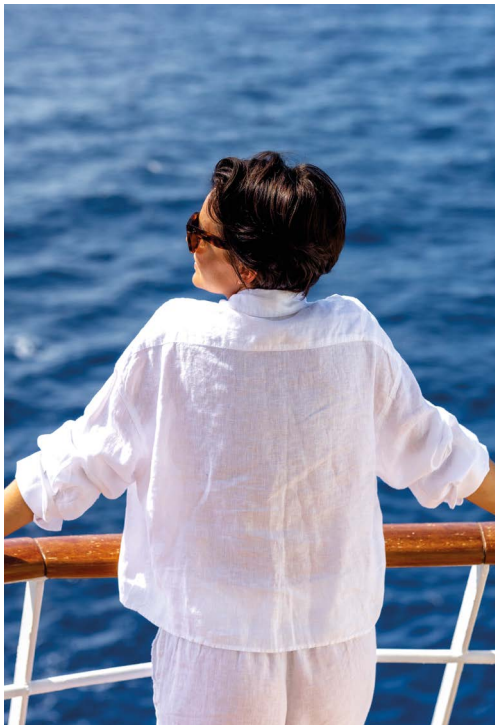
Solo travel

OUR DEPARTURES WITHOUT SUPPLEMENT 2023



YOUR SINGLE BENEFITS

Reconnecting to the world and to yourself, meeting other passengers, or just the need for some freedom: there can be many reasons to set off alone on a journey of discovery. Each season we offer a selection of cruises that are "No Single Supplement ⁽¹⁾".



A LARGE CHOICE OF DESTINATIONS

Whether it's the wild nature of the White Continent, the enchanting landscapes of Spitsbergen, mythical ports of call in the Mediterranean or the Caribbean Sea, you can enjoy a wide choice of cruises to destinations both near and far as a result of our no-fee offers for single travellers.

EVERYONE'S DIFFERENT

You'll have the opportunity to meet other guests or spend time alone as you wish. The crew are particularly attentive to your stay and will be keen to facilitate exchanges between all guests on board. Lectures, informal discussions and excursions are also an opportunity to build connections around common interests.

A TAILOR-MADE JOURNEY

You'll have the opportunity to customise your trip; from the choice of a cruise adapted to your needs to booking flights and transfers, as well as choosing your excursions, we'll plan your stay right down to the smallest detail. Become a free spirit!



Discover more than 100 "no single supplement" cruises.

Emblematic Antarctica

USHUAIA • USHUAIA

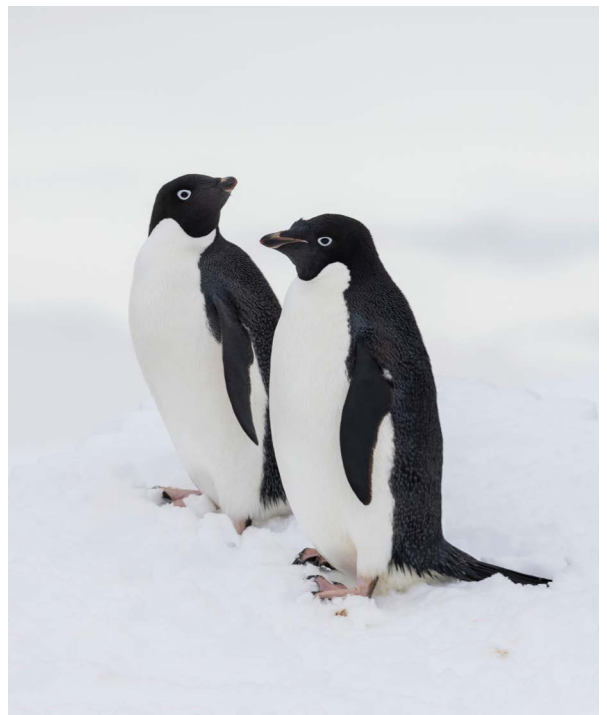
12 days/10 nights on board *L'Austral*, *Le Boréal* or *Le Lyrial*
10 departures in January, February, November and December 2023

From €8,400 ⁽²⁾

If there's one place in the world that fires travellers' imaginations, it has to be the White Continent. The immaculate natural environment there impresses with its raw power.

Included in your cruise ⁽³⁾:

- An overnight in Buenos Aires the day before embarkation
- Return flights Buenos Aires/Ushuaia
- Transfers



Caribbean mosaic, between mangroves & lagoons NEW

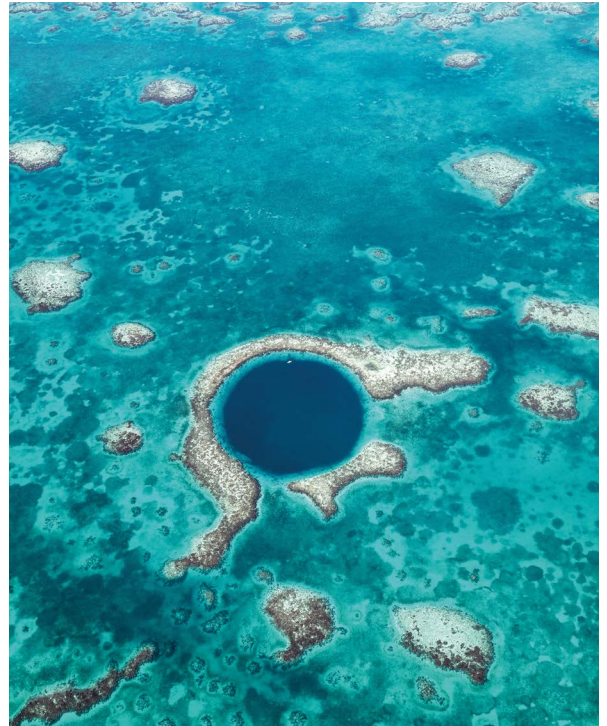
BELIZE CITY • BELIZE CITY

8 days/7 nights on board *Le Dumont-d'Urville*

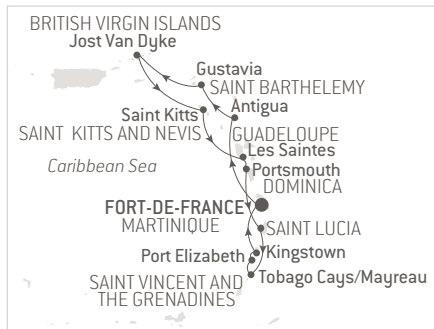
Departures: 21st and 28th November, and 5th and 12th December 2023

From €3,590 €⁽²⁾

Embark on a journey to Honduras, Guatemala and Belize on this itinerary that introduces four new stopovers and offers you the chance to dive in the Great Blue Hole, meet the Garifuna people and learn about Mayan civilisation.



The Essential of the Caribbean



FORT-DE-FRANCE • FORT-DE-FRANCE

13 days/12 nights on board *Le Bellot*

Departures: 15th and 27th December 2023

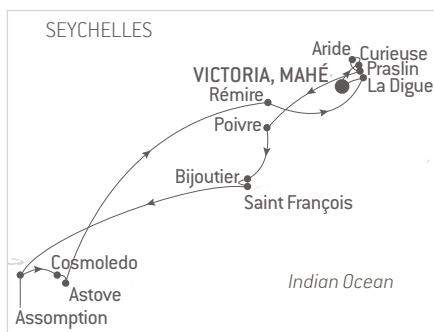
From €5,180 €⁽²⁾

Spend the festive season in the Caribbean Sea!

Sail around the Caribbean Sea and discover ten beautiful islands in the very heart of the West Indies. You will visit numerous UNESCO World Heritage Sites, such as Brimstone Hill Fortress National Park on St. Kitts and Nevis, and Morne Trois Pitons National Park, on the island of Dominica.



Secret Seychelles islands



VICTORIA, MAHÉ • VICTORIA, MAHÉ

13 days/12 nights on board *Le Jacques-Cartier*

Departure: 8th February 2023

From €6,650 €⁽²⁾

During a round-trip sailing, you will have ample time to discover the iconic islands of the Seychelles, but also to visit some of the lesser-known ones such as Astove Atoll which is home to a large population of marine and terrestrial turtles, and Cosmoledo Atoll, known as the "Galapagos of the Indian Ocean".



Fjords and glaciers of Spitsbergen

LONGYEARBYEN • LONGYEARBYEN

8 days/7 nights on board *L'Austral* or *Le Boréal*

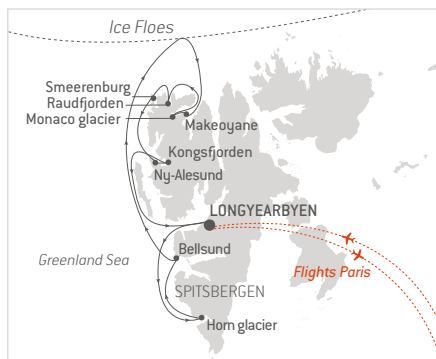
Departures: 30th and 31st May, and 6th, 7th, 13th, 14th, 21st and 27th June 2023

From €7,990 ⁽²⁾

Explore Spitsbergen's most iconic fjords and glaciers, such as Hornsund Fjord and the Monaco Glacier, and observe a wide variety of wildlife, including polar bears and Svalbard reindeer.

Included in your cruise ⁽³⁾:

- Return flights Paris/Longyearbyen
- Transfers



Greenland of Great Explorers



LONGYEARBYEN • KANGERLUSSUAQ

15 days/14 nights on board *L'Austral*
Departure: 28th June 2023

From €13,230 ⁽²⁾

Explore the coasts of Greenland once trodden by Jules de Blosseville, Jean-Baptiste Charcot and Paul-Émile Victor. You will be impressed by these virgin lands, the life of the indigenous peoples and the wildlife.

Included in your cruise ⁽³⁾:

- Flights Paris/Longyearbyen and Kangerlussuaq/Paris
- Transfers



Expedition to the Thule Region



KANGERLUSSUAQ • KANGERLUSSUAQ

17 days/16 nights on board *L'Austral*
Departure: 10th August 2023

From €16,240 ⁽²⁾

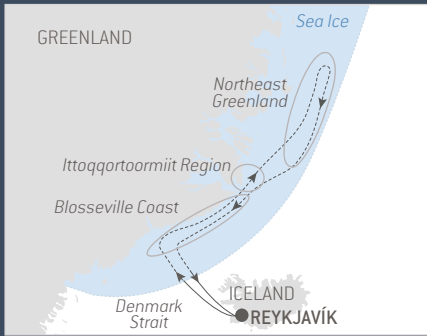
From the glacier-smoothed mountains of Greenland's west coast to the craggy peaks of the Arctic Cordillera, you will get a chance to meet Inuit peoples and discover the incredibly varied wildlife.

Included in your cruise ⁽³⁾:

- Return flights Paris/Kangerlussuaq
- Transfers



Northeast Greenland's unexplored sea ice



REYKJAVÍK • REYKJAVÍK

15 days/14 nights on board *Le Commandant Charcot*
Departure: 8th June 2023

From €18,920 ⁽²⁾

Discover a particularly isolated region at the very beginning of summer. Among the first visitors of the season, you will be warmly welcomed by the Inuit peoples, and be privileged to talk to them.



In the wake of Jean-Baptiste Charcot

NEW



USHUAIA • USHUAIA

16 days/14 nights on board *Le Commandant Charcot*
Departure: 28th November 2023

From €21,240 ⁽²⁾

From the White Continent peninsula to the Bellingshausen Sea, head off on an odyssey to the ends of the Earth.

With the exceptional presence of Fridrik Rafnsson, specialist of Jean-Baptiste Charcot.

Included in your cruise ⁽³⁾:

- An overnight in Santiago the day before embarkation
- Return flights Santiago/Ushuaia
- Transfers



The Emperor Penguins of Weddell Sea

NEW

PUNTA ARENAS • USHUAIA

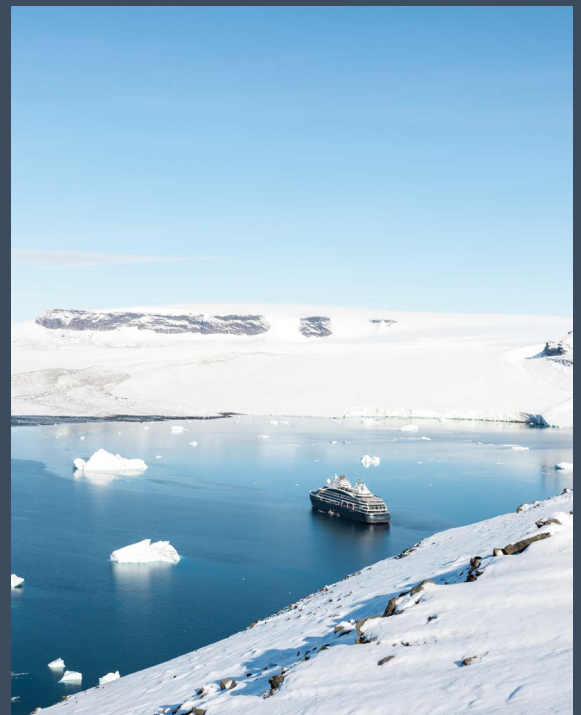
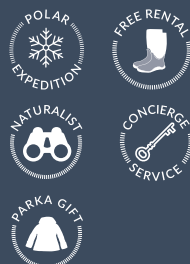
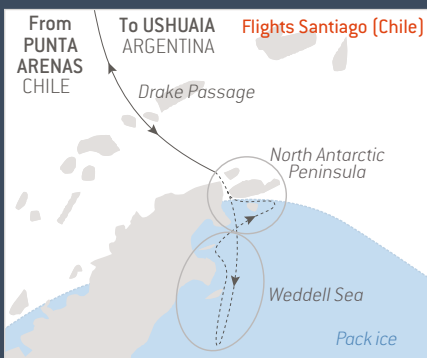
16 days/14 nights on board *Le Commandant Charcot*
Departure: 2nd November 2023

From €23,750 ⁽²⁾

Sailing in the Weddell Sea is both a challenge and a privilege. There, you can observe dizzying tabular icebergs and, maybe, emperor penguins.

Included in your cruise ⁽³⁾:

- An overnight in Santiago the day before embarkation
- Flights Santiago/Punta Arenas and Ushuaia/Santiago
- Transfers



Gastronomy, Vineyards & Grands Crus



LISBON • BORDEAUX

10 days/9 nights on board *L'Austral*
Departure: 10th April 2023

From €5,040 ⁽²⁾

Climb aboard for this cruise that combines the pleasures of a sea voyage with a unique culinary experience each stopover paired with exceptional wines.

With the exceptional presence of starred chef Jean-Baptiste Natali, the cheese ripeners Bernard Antony and Alain Miossec, expert on the sea and coasts.



CHATEAU LATOUR



Antique wonders of the Aegean

ISTANBUL • ISTANBUL

12 days/11 nights on board *Le Lyrial*
Departures: 13rd and 24th July 2023

From €5,020 ⁽²⁾



Maud Fontenoy Foundation
Oceans Are Humanity's Future

Take a cultural journey from the rich coastline of Turkey to the heavenly Greek archipelagos. You will discover many UNESCO sites, stop off in Bodrum, known as "the Turkish Saint-Tropez", and sail past the island of Polyaios, famous for its pale golden rocks bathed in sunlight.



Kids' Club
in partnership
with
MAUD FONTENOY
FOUNDATION



FLYSO23EN-1122 (1) Double cabin supplement for single occupancy waived on a limited number of cabins and according to cabin category. Offer valid on selected cruises. Find all the cruises concerned on our website. (2) Price is per person, based on double occupancy. The fares mentioned on each product reflect the best rates available at the time of publication, November 2022. This price can vary depending on the level of availability of the cruise, and is therefore subject to change without prior notice. (3) Included flights selected by PONANT in economy class. Prices may change depending on availability and prices charged in real time by airline. Find more information in the "General Terms and Conditions of Sale" at www.ponant.com. Wildlife encounters, the expedition highlights and itineraries are subject to weather and ice conditions. They illustrate possible experiences only and cannot be guaranteed. Photo credits: Studio PONANT: Margot Sib/Sylvain Adenot. ©PONANT: Julien Fabro/Bernard Bertrand @fotolia: Sylvain Clement. All rights reserved. Non-contractual document and photos. The photos used in this brochure are only possible experiences and therefore can not be guaranteed. Creation and design: Claire Builles, November 2022.



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